

Volunteering...



Can you take it?

Fast Forward promotes health through education by, with and for young people.

Contact details:

You can give us a call on
0131 554 4300 or email us at
admin@fastforward.org.uk

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A Scottish Charity SCO20124



Working with the Community®



www.fastforward.org.uk



Volunteering with Fast Forward gives you the chance to be involved in a national organisation which listens to and works for young people.

Volunteering does not mean working for nothing. You may not get paid a wage but what you will get is the chance to learn a wide range of new skills, meet new friends and take part in loads of interesting projects.

Are you interested in:

- Gaining new skills, knowledge and experience?
- Being part of a team?
- Meeting new friends?
- Giving your views?
- Passing info on to other young people?
- Drug, alcohol and tobacco issues?
- Young people and health?

If any of them apply to you, read on...

All volunteers are provided with comprehensive training to equip them with the skills and knowledge to be involved with the work of Fast Forward.

Training includes:

- Drugs and alcohol knowledge
- Group-work
- Presentation skills
- Facilitation skills
- Child protection
- Equal opportunities

We also offer training sessions which focus on personal and social development to build confidence and self esteem. Travel expenses and meals are paid for when you are volunteering so you will not be out of pocket. We promote the Youth Achievement awards, but there are so many other benefits including personal development, helping career choices, educating other young people, taking part in fun activities, residentials, making new friends.

How to Apply?

If you are between 16 and 25 years old and are interested in working with other young people then you can apply. No experience or qualifications are required.

The Application Procedure

If you are interested in volunteering with Fast Forward just contact our Volunteers Manager, by phone (0131 554 4300) or email us. If you have a support worker and you would rather they did it for you, that's OK too. We can then arrange to meet you for an informal chat.

